

Contraband

ALL SHARP MATERIALS

- Scissors/clippers/file
- Razor/tweezers
- Safety pins
- Hair accessories
- Knives
- Needles
- Breakable plastic
- Paper Clips
- Keys
- Latch hook equipment
- Containers (glass or plastic)

SPECIFIC CLOTHING ITEMS

- Tank tops
- Neckties
- Belts
- Ribbons
- Nylon/panty hose
- Suspenders
- Scarves
- High-heeled shoes
- Boots
- Spaghetti straps
- Short-shorts
- Hats/Beanies
- Explicit Clothing
- Dangling Jewelry
- Paracords(jewelry)

OTHER ITEMS NOT ALLOWED

- Aerosol cans
- Glass objects/mirrors
- Glue/Glue products
- White-Out
- Cigarettes
- Metal clothes hangers
- Lighters/Matches
- Hard plastic items
- String/cords/flosses
- Plastic bags
- Gum
- CDs/CD players
- iPod/Game Boy
- Radio/Walkmans
- Metal items
- Cosmetics
- Pants with drawstrings
- Pens
- Rulers
- Art Supplies
- Pager/Cell Phones
- Candles or incense
- Tapes or Cameras
- Pencil sharpener
- Compacts
- Aluminum cans
- Alcohol/Drugs
- Under wire bras
- Shoe laces
- Binders/notebooks with rings
- Head bands
- Picture frames
- Balloons
- Flowers
- Drug related material
- Alcohol related material
- Gang related material
- Satanic related material
- Button batteries
- Medications of any kind (medication will be stored and dispensed by MD order only)
- Any other item deemed inappropriate or dangerous by the clinical staff.

All contraband items that can't be sent home with family or friends will be stored securely on the unit or in the safe until discharge. Any illegal substances will be destroyed by our licensed staff or turned over to the police department. Any illegal items or weapons will be turned over to the police department. Hospital security guards will use metal detector wands on visitors for patient and visitor safety.

Patient Area Pay Phone Numbers

1st Floor Carmel (E)
510-790-9819

2nd Floor Sequoia
Pay phone (C:) 510-795-9947
Pay phone (D:) 510-790-9560

3rd Floor Yosemite (A)
510-790-9578

3rd Floor Big Sur (B)
510-790-9587

(New Units)

1st Floor Shasta
510-739-3585

2nd Floor Monterey
510-739-3572

Please Note: If you receive collect calls from any of the phone numbers listed above from your friend or loved ones, please listen to the prompt carefully before accepting the calls. Fremont Hospital will not be responsible for any collect call charges. If you wish to speak to your friend or loved ones, please call the appropriate unit. All patient area phones are shut off during group activities.



39001 Sundale Drive
Fremont, CA 94538

888-796-1102 toll free
510-796-1100 direct line
www.fremonthospital.com

Visitor Guidelines



We're here when you need us



Accredited by The Joint Commission

Fremont Hospital has earned
The Joint Commission's Gold Seal of Approval

OUR MISSION

“Fremont Hospital is a premier provider of behavioral healthcare services, delivered with Compassion for patients and their families, Respect for employees, physicians and other healthcare professionals, Accountability for our financial and Ethical performance and Responsibility to the communities we serve.”

Welcome to Fremont Hospital. Thank you for accepting our invitation to visit your friends and loved ones. It is our goal to provide the highest quality of healthcare to our patients. In order to do so, we have established some guidelines. Many of these guidelines are in response to mental health laws and regulations and all of our guidelines seek to protect the safety, rights, and confidentiality of our patients. Please take a few moments to review these guidelines before you visit.

VISITOR'S BADGE

You must check in with the receptionist in the lobby before you present to the units. ALL visitors are required to provide valid identification. The receptionist will provide you with a visitor's badge when you sign-in and we require that you wear the badge in a visible area all times while on our grounds. Likewise, appropriate attire is required. If you present to the units without the visitor's badge, you will be asked to return to the receptionist to obtain one.

PURSES, HANDBAGS, BACKPACKS, ETC...

Visitor's purses, handbags or backpacks are not allowed on the units. We ask that your personal belongings remain in your vehicle or be stored in a locker in the lobby for 25 cents.

FOOD & DRINK ITEMS

Please do not bring any items for patient consumption from the outside. Many of our patients are on special diets or are taking medications that can have adverse reactions to many food items. Outside food and drinks are not allowed on the units.

AGE OF VISITORS

No visitor under the age of 18 is allowed on the units. ALL visitors are required to provide valid identification. Childcare is not provided in the lobby. Children must be attended by a responsible adult at all times.

Only 2 visitors for each patient are allowed at a time.

SECURITY CODE

Once your friend or loved one is admitted he/she will receive a security code which will allow you to visit and call.

Ask your friend or loved one for the security code.

VISITING IN PATIENT ROOM

All visitors must remain in common areas on the unit and are not allowed to visit in a patient's room or behind closed doors at any time.

PATIENT BELONGINGS/VALUABLES

Please limit the items brought for your friends and loved ones (three days worth). ALL items brought to the units must be searched and logged in by staff members. We ask for your patience. For patient safety, staff members may restrict any items they find questionable. Storage space is limited on the units, so we ask that you take home any suitcases or contraband items.

VISITING HOURS

Adult Units

Visiting hours are from 5:00 pm - 7:45 pm daily

Adolescent/Children's Units

Adolescent Program

7pm to 7:45pm daily

Latency (Children's) Program:

5pm to 7:45pm daily

VISITING HOURS (Cont'd)

The visiting hours above include weekends and holidays. Visitation is limited to one session a day. This eliminates disruption to the units.

VISIT TERMINATION

Visitors that are disruptive or violate the contraband rules will be asked to leave and will forfeit access for future visits. As the law permits, criminal charges may be brought against the visitors if harm is caused to patient and or staff. All patients have the right to refuse any visitor and have the option of terminating your visit at any time.

CONTRABAND ITEMS

We have restrictions on items that may pose as a threat or harm to patients or staff. Such items are referred to as contraband. Please refrain from giving patients any contraband items. Please refer to the list of contraband items.

At no time are audio or visual recording devices, cell phones or cameras allowed on the units.

COMMENTS, SUGGESTIONS, CONCERNS

If you have any comments, suggestions or safety concerns, please complete the comment card and place it in the comment card box located in the hospital lobby near the front desk.

THANK YOU